INTERCONTINENTAL®
KHAO YAI RESORT

SPA MENU

Welcome to Back on Track: Spa

Back on Track: Spa at InterContinental Khao Yai Resort makes it possible for you to find your natural state of wellbeing in the most enticing location amidst the lush tropical landscape.

Retreat to a private sanctuary where emotions are nourished and sensations saluted. A place, where you will experience the soft and heavenly touch derived from an innate sense and mastered skills. Indulge in the natural secrets of nature with Siam Botanicals natural skincare products, 100% organic certified.

Designed to embrace the tranquility and beauty of Khao Yai's nature, the spa is set inside an upcycled heritage railcar, incorporating a mixture of luxurious and self-contained single treatment suites. Unwind and relax in the most graceful setting where highly trained therapists are committed to deliver a service of excellence.

SPA MENU

TREATMENTS

Organic Facial 1 - 2

Our facial treatments use cold-pressed organic seed oils blended with distillations of ginger, plai root, turmeric, ginger lily and frankincense.

Full Body Massage 3 - 4

Relax with a traditional Thai oil massage. Our therapists use palm pressure and gentle stretching to reduce tension and restore flexibility.

Full Body Scrub 5 - 6

Our full body polish treatments exfoliate and brighten the skin using an enriching base of fine, pure sea salt and naturally moisturizing shea butter.

Full Body Wrap 7

Our full body wrap therapy promotes deep relaxation whilst soothing and moisturizing the skin with a rich blend of oils.

Junior Spa Experience 9

A gentle, feel-good massage giving an enjoyable junior introduction to treatments and the spa experience.

ORGANIC FACIAL

The Wild Roots of Zingiber is our luxurious range of cosmos certified organic facial skincare. The formulations are hand blended with carefully chosen ingredients which harness the healing and nourishing properties of plants that have been used for centuries in effective skincare remedies. Our facial treatments use cold-pressed organic seed oils blended with distillations of ginger, plai root, turmeric, ginger lily and frankincense. Choose the best treatment for your skin type and relax as the natural ingredients care for your skin and gently lift your mood.

REJUVENATING 60 minutes THB 3,000++

Wild Roots of Zingiber with Organic Moringa

A deeply hydrating and nourishing treatment which helps to smooth lines and visibly brighten tired or naturally aging skin. This treatment begins with a deep cleanse using turmeric and lime, then gentle facial massage with organic moringa oil (which naturally contains 46 separate antioxidants), a clarifying white clay and rosewater mask follows, and your session finishes with our nourishing ginger lily & frankincense facial hydration.

DETOXIFYING 60 minutes THB 2,700++

Wild Roots of Zingiber with Organic Sesame

A deep cleansing treatment suitable for oily, blemish prone and city-stressed skin. A deep cleanse with a light aloe vera lotion is followed by an invigorating soft polish with healing plai root extract and wax jojoba beads. The treatment includes a detoxifying facial massage with organic sesame oil, a warm lavender compress and skin-nourishing ginger lily & frankincense facial hydration to finish.

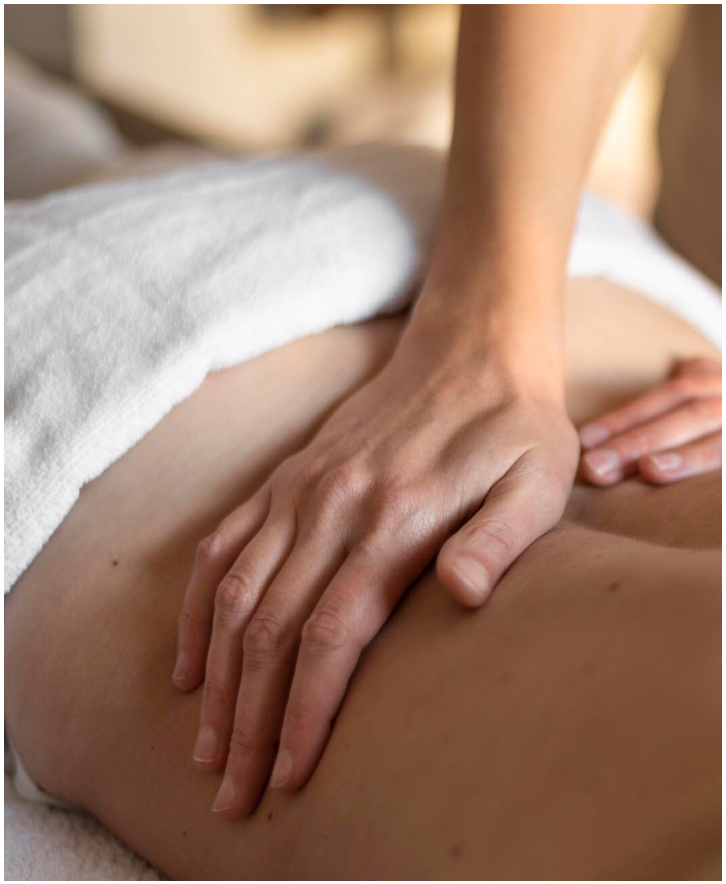
SOOTHING 60 minutes THB 2,500++

Wild Roots of Zingiber with Organic Brown Sugar & Honey

Our calming and relaxing facial treatment for sensitive skin begins with a light cleanse with aloe juice and a gentle exfoliation with soft brown sugar and honey. A soothing facial oil massage is then followed with a clarifying white clay and rosewater mask. The treatment completes with deep moisturisation from our ginger lily and frankincense hydrating lotion blended with pure organic moringa oil.

FULL BODY MASSAGE

Relax with a traditional Thai oil massage. Our therapists use palm pressure and gentle stretching to reduce tension and restore flexibility. We use a richly moisturizing base of organic coconut, sesame and traditional rice bran oils to nourish and care for your skin with added essential oils and extracts. Get on track by choosing one of our hand blended oils to encourage healing, restoration or rejuvenation.



TRADITIONAL HEALING 90 minutes THB 2,850++
120 minutes THB 3,800++

Plai root & Ginger
Siam Roots Artisan Body Oil

This therapeutic blend harnesses the exceptional healing properties of ginger, & plai root, which have been used in traditional Thai remedies for centuries to ease muscle tension and improve mobility. This deeply healing massage provides the perfect antidote to fatigue and lingering jetlag.

REJUVENATING 90 minutes THB 2,850++
120 minutes THB 3,800++

Lemongrass, Peppermint, & Rosemary
Rejuvenate Artisan Body Oil

Lemongrass, the quintessential scent of Thailand, has a fresh aroma that serves to energise both body and mind. Rosemary and peppermint oils help tone, cool, and soothe the skin and reduce dryness. This invigorating and uplifting massage is the perfect antidote to a day in the tropical sun.

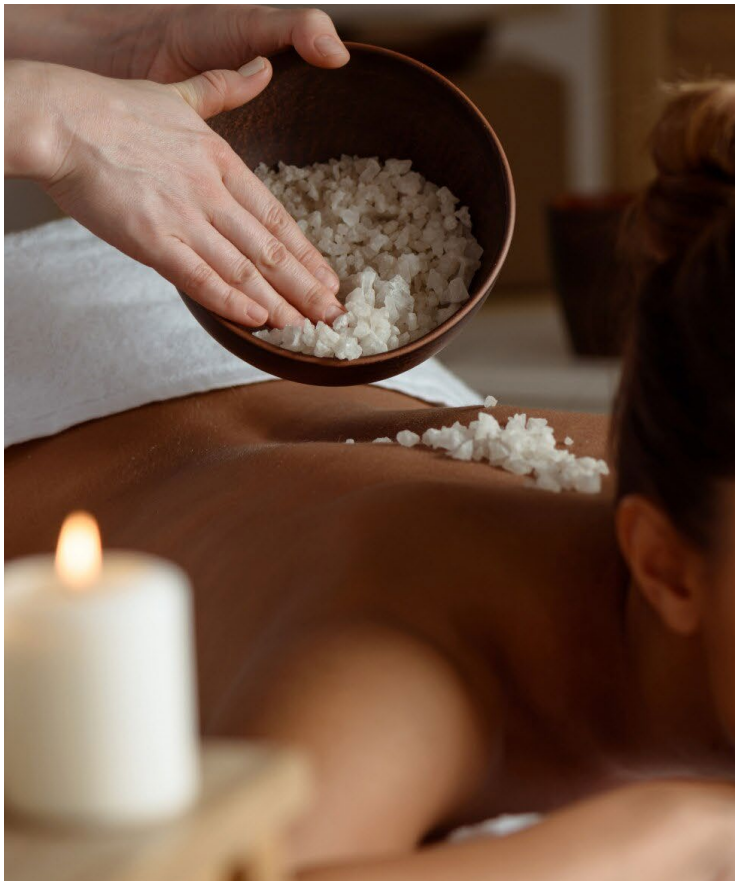
RESTORATIVE 90 minutes THB 2,850++
120 minutes THB 3,800++

Jasmine, Ylang Ylang & Bergamot
Oriental Artisan Body Oil

The supremely sensual, floral scent of the Oriental blend is what makes this massage experience so profoundly restorative. The combination of jasmine flower extract with steam-distilled ylang ylang and bergamot essential oils has intense, sweet top notes and exotic wood undertones, and is used to reduce stress and rebalance the skin and mind. You will feel your stress and tension ebb away, to be replaced with a deep sense of harmony and wellbeing.

FULL BODY SCRUB

Our full body polish treatments exfoliate and brighten the skin using an enriching base of fine, pure sea salt and naturally moisturising shea butter. Each scrub formulation is hand blended with revitalising organic oils, cold-pressed from tropical fruits and seeds.



VIRGIN COCONUT 60 minutes THB 1,800++

Coconut, Plai root & Ginger

Virgin Coconut Body Polish, Siam Roots Skin Conditioner

Stimulating and purifying, our Organic Coconut Oil Body Polish utilises the amazing natural properties of coconut. It's an important crop for local farmers and the cold-pressed oil is naturally packed with nutrients and antioxidants. It's also a brilliant skin conditioner and moisturiser suitable for all skin types, especially dry or tired skin in need of replenishment. This spa therapy finishes with a full body Siam Roots skin conditioning treatment which harnesses the healing powers of Ginger and plai root.

PASSIONFRUIT & LIME 60 minutes THB 1,800++

Passionfruit, Lime, Plai Root & Ginger

Passionfruit & Lime Body Polish, Oriental Skin Conditioner

The star ingredient of this Body Polish is the noticeably light Organic Cold-Pressed Passion Fruit Seed Oil - it has a natural fruity scent and is a rich source of skin-nourishing fatty acids and is very easily absorbed. This revivin body polish has a refreshing splash of lime essential oil to create the perfect cleansing, energizing and skin-brightening body treatment. This spa therapy finishes with a full body Oriental skin conditioning treatment which harnesses the healin powers of ginger and plai root.

FULL BODY WRAP

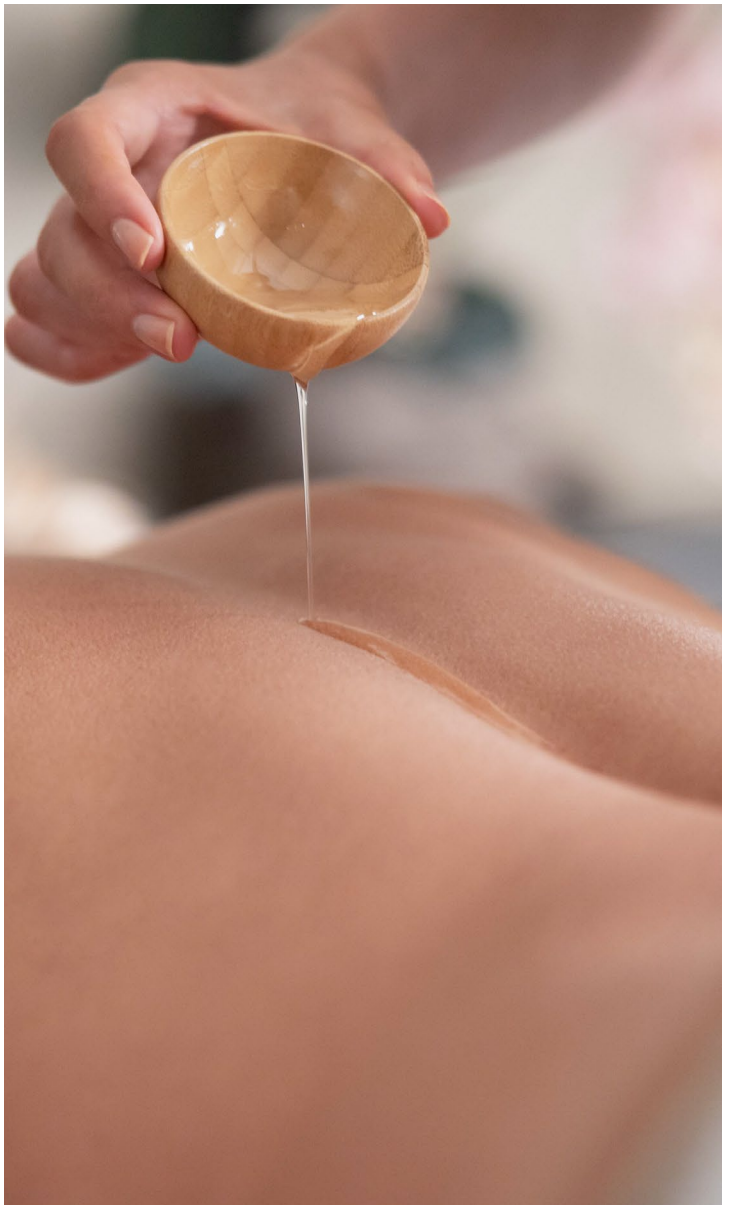
Our full body wrap therapy promotes deep relaxation whilst soothing and moisturizing the skin with a rich blend of oils & includes a body scrub as part of the treatment.

TRADITIONAL HEALING ROOTS 90 minutes THB 2,700++
BODY WRAP

Ginger, Plai & Tumeric
Pure Jasmine Rice Powder, Wild Roots of Zingiber Body Wrap, Revive Body Lotion

Using the healing roots of ginger, plai root and turmeric. Each body wrap formulation is hand blended with raw organic oils, cold-pressed from tropical fruits and seeds.

SPA MENU



JUNIOR SPA EXPERIENCE

A gentle, feel-good massage giving an enjoyable junior introduction to treatments and the spa experience.

COCONUT & JOJOBA	30 minutes	THB 1,000++

Coconut & Jojoba
Siam Botanicals Coconut Oil & Jojoba Hydrating Body Oil

This nourishing organic body oil combines coconut and jojoba oils to leave the skin feeling soft, smooth, and deeply hydrated. Its lightweight, silky texture absorbs easily without feeling greasy, while a fresh, fruity fragrance makes it an ideal choice for younger spa guests.

THAI MASSAGE	90 minutes	THB 2,225++
	120 minutes	THB 3,000++
NECK AND SHOULDER MASSAGE	30 minutes	THB 1,000++
	60 minutes	THB 1,500++
FOOT MASSAGE	30 minutes	THB 1,000++
	60 minutes	THB 1,500++

ORGANIC FACIAL บำรุงผิวหน้า

SOOTHING สำหรับผิวหน้าบอบบาง
Wild Roots of Zingiber with Organic Brown Sugar & Honey
ผลิตภัณฑ์จากส่วนผสมของรากไพร น้ำตาลทรายแดง และน้ำผึ้ง

THB 2,500++
60 minutes

ORGANIC สำหรับผิวหน้าที่เผชิญกับมลภาวะ
Wild Roots of Zingiber with organic sesame
ผลิตภัณฑ์จากส่วนผสมของรากไพรและงาดำ

THB 2,700++
60 minutes

REJUVENATING สำหรับผิวหน้าอ่อนล้า
Wild Roots of Zingiber with Organic Moringa
ผลิตภัณฑ์จากส่วนผสมของรากไพรและมะรุม

THB 3,000++
60 minutes

FULL BODY MASSAGE นวดน้ำมันอโรมา

TRADITIONAL SIAM ROOTS
Plai root & Ginger (Siam Roots Artisan Body Oil)
น้ำมันกลิ่นดั้งเดิม สกัดจากรากสมุนไพรไทยที่อยู่ใต้ดิน (ส่วนผสมของรากไพรและขิง)

REJUVENATING
Lemongrass, Peppermint, & Rosemary (Rejuvenate Artisan Body Oil)
น้ำมันกลิ่นสดชื่น สกัดจากสมุนไพรไทย (ส่วนผสมของตะไคร้ สะระแหน่ และโรสแมรี่)

RESTORATIVE
Jasmine, Ylang Ylang & Bergamot (Oriental Artisan Body Oil)
น้ำมันกลิ่นผ่อนคลาย สกัดจากผิวมะกรูดและดอกไม้ (ส่วนผสมของมะลิและกระดังงา)

THB 2,850++
90 minutes
THB3,800++
120 minutes

BODY SCRUB ขัดและบำรุงผิวกาย

VIRGIN COCONUT
Coconut, Plai root & Ginger
(Virgin Coconut Body Polish, Siam Roots Skin Conditioner)
ผลิตภัณฑ์ขัดผิวจากน้ำมันมะพร้าวบริสุทธิ์ (ส่วนผสมของมะพร้าว รากไพร และขิง)

PASSIONFRUIT & LIME
Passionfruit, Lime, Plai Root & Ginger
(Passionfruit & Lime Body Polish, Oriental Skin Conditioner)
ผลิตภัณฑ์ขัดผิวจากผลเสาวรสและมะนาว (ส่วนผสมของเสาวรส มะนาว รากไพร และขิง)

THB 1,800++
60 minutes

SPA MENU

TRADITIONAL BODY WRAP พอกผิวกาย
Ginger , Plai & Tumeric
(Pure Jasmine Rice Powder, Wild Roots of Zingiber Body Wrap, Revive Body Lotion)
ผลิตภัณฑ์ดูแลผิวกลิ่นดั้งเดิม (ส่วนผสมของขิง ไพร และขมิ้น)

THB 2,500++
90 minutes

HAIR TREATMENT ดูแลและบำรุงเส้นผม
Organic Coconut, Curry Leaf & Orange
(Siam Botanicals Coconut & Curry Hair Treatment)
ผลิตภัณฑ์จากน้ำมันมะพร้าว หอมแขก และส้ม

THB 1,000++
30 minutes
THB1,500++
60 minutes

JUNIOR SPA EXPERIENCE นวดน้ำมันอโรมาสำหรับเด็ก
Coconut & Jojoba
(Siam Botanicals Coconut Oil & Jojoba Hydrating Body Oil)
ผลิตภัณฑ์จากน้ำมันมะพร้าว และโจโจบา

THB 1,000++
30 minutes

THAI MASSAGE: นวดไทย

THB 2,225++
90 minutes
THB3,000++
120 minutes

NECK AND SHOULDER MASSAGE: นวดคอ บ่า ไหล่

THB 1,000++
30 minutes
THB 1,500++
60 minutes

FOOT MASSAGE: นวดเท้า

THB 1,000++
30 minutes
THB 1,500++
60 minutes

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